Clinical and Experimental Studies on Acupuncture Treatment of Apoplexy at the Convalescent Stage by Consciousness-Restoring Method

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This article compares two acupuncture procedures for stroke patients in the convalescent stage (2 weeks to 3 months following stroke). The consciousness-restoring method group received acupuncture at Neiguan P-6, Renzhong DU-26 and San-yinjiao SP-6 as main points; Jiquan HE-1, Chize LU-5, Weizhong BL-40, Fengchi GB-20, Wangu GB-12 and Tianzhu BL-10 as secondary points. For dysphagia and aphasia Yifeng SJ-17, Shangxing DU-23 and Shanglianquan (Extra) were added. For impaired movement of the fingers and toes Hegu L.I.-4 and Taichong LIV-3 were added. The standard treatment group received acupuncture at Jianyu L.I.-15, Quchi L.I.-11, Waiguan SJ-5 and Hegu L.I.-4 for the upper limb and Huantiao GB-30, Fengshi GB-31, Zusanli ST-36, Yanglingquan GB-34, Fenglong ST-40, Xuanzhong GB-39 and Kunlun BL-60 for the lower limb. Therapeutic results showed that the markedly effective and effective rates were higher in the former group, with a remarkable improvement in the majority of criteria of blood rheology, blood lipids, micro-circulation and thrombus formation in vitro.

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